In vitro production of tumour necrosis factor and prostaglandin E₂ by peripheral blood mononuclear cells from tuberculosis patients

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SUMMARY

We investigated the production of tumour necrosis factor-alpha (TNF- α) and prostaglandin E₂ (PGE₂) by peripheral blood mononuclear cells (PBMC) from tuberculosis patients and healthy controls. PBMC from tuberculosis patients generated constitutively more TNF- α than did control PBMC. This production was significantly higher for patients with high-grade fever and cachexia. The increase of TNF- α production by PBMC from tuberculosis patients was associated with a comparatively weaker elevation of PGE₂ synthesis which did not parallel fever or weight loss. *In vitro* treatment of control PBMC with the tuberculin purified protein derivative (PPD) promoted an increased TNF- α production which was similar to that of untreated PBMC from tuberculosis patients. Thus, the increased TNF- α production in tuberculosis could be explained by the *in vivo* exposure of PBMC to mycobacterial antigens. In contrast, the concentration of PGE₂ was weaker in the medium of untreated PBMC from tuberculosis patients than in the medium of PPD-treated control PBMC, suggesting that PGE₂ synthesis by PBMC was limited in tuberculosis by unidentified factors.

Keywords tuberculosis tumour necrosis factor prostaglandin blood mononuclear cells

INTRODUCTION

Several recent studies suggest that local synthesis and release of tumour necrosis factor (TNF) may be involved in the granuloma formation. Macrophages isolated from pulmonary granuloma induced by Sephadex beads release TNF (Chensue et al., 1989). Similarly, TNF is synthesized by activated macrophages accumulating in the well-developed liver granulomas during BCG infection (Kindler et al., 1989). In this experimental model, injection of bacterial lipopolysaccharide (LPS) determines an increase of TNF concentration in the serum (Green et al., 1976) which is proportional to the expression of TNF mRNA in granulomas (Kindler et al., 1989). This suggests that macrophages involved in granuloma formation are likely to be the major source of serum TNF. However, in tuberculosis, which is also characterized by granulomatous inflammation (Williams & Williams, 1983), TNF could be released from the local microenvironment of granulomas and probably also from circulating monocytes (Strieter et al., 1989) and/or lymphocytes (Christmas, Meager & Moore, 1987; Cuturi et al., 1987; Steffen, Ottmann & Moore, 1988). Indeed, Tlymphocytes from tuberculosis patients which are responsive to the tuberculin purified protein derivative (PPD), circulate between lymphoid organs

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and the peripheral blood and produce lymphokines stimulating several monocyte functions (Ellner, Spagnuollo & Schachter, 1981; Edwards & Kirkpatrick, 1986); in addition, mycobacterium tuberculosis per se or purified polysaccharides from Mycobacterium tuberculosis can induce in vitro TNF release from peripheral blood mononuclear cells (PBMC) (Rook et al., 1987; Valone et al., 1988; Moreno et al., 1989). However, to our knowledge, the capacity of PBMC from tuberculosis patients to produce TNF has not yet been examined.

We therefore set to compare the release of TNF- α by PBMC from tuberculosis patients and from a control group of healthy blood donors. Since polysaccharides from M. tuberculosis increase mononuclear cell prostaglandin E_2 (PGE₂) production (Kleinhenz et al., 1981), which in turn reduces the TNF- α production by these cells through a rise of cAMP (Kunkel et al., 1988; Spengler et al., 1989a, 1989b; Hart et al., 1989a, 1989b; Heidenreich et al., 1989), we sought to determine the release of PGE₂ by PBMC under the same conditions.

MATERIALS AND METHODS

Patient population

Blood mononuclear cells were recovered from 16 patients (aged 34 ± 11 years) with pulmonary tuberculosis and 14 healthy subjects (aged 35 ± 8 years). The diagnosis of pulmonary tuberculosis was established on the basis of cultures of sputum or gastric aspirates positive for *M. tuberculosis* (n=10) and/or

the presence of epithelial granuloma with caseous necrosis on histological study of biopsy specimens (n=7). Tuberculin skin test was strongly positive in all patients. Five patients had a high grade fever ($>38.5^{\circ}$ C) and a weight loss of >6 kg; 11 patients had a low grade fever ($<38^{\circ}$ C) and a weight loss of <5 kg. Results of chest radiographs were as follows: parenchymal infiltrates with or without cavitation (n=10); hilar adenopathy without parenchymal infiltrates (n=6). Patients were studied prior to receiving any anti-tuberculous therapy.

Cell cultures

Blood samples from each subject were diluted 1/1 (vol/vol) in calcium-free HBSS supplemented with 0.08% EDTA, and mononuclear cells were isolated by density centrifugation on Lymphopaque (Nyegaard, Oslo, Norway). The mononuclear cells were resuspended in the same medium diluted 1/9 (vol/vol) in calcium-free HBSS and centrifuged (100 g for 10 min) twice to remove the platelets. Thereafter, PBMC were resuspended in culture medium consisting of RPMI 1640 (Flow Laboratories, Irvine, UK) buffered with 20 mm HEPES to pH 7.4, and supplemented with 1% decomplemented fetal calf serum (FCS), 100 U/ml penicillin, 100 μg/ml streptomycin, and 2 mm L-glutamine, counted after staining with acridine orange, and adjusted to a concentration of 106 cells/ml. One-hundredmicrolitre volumes of this suspension were added to 96-well microplates (Nunc, Roskilde, Denmark). The total volume of each well was adjusted to 200 μ l with complete medium and different stimuli used in the following final concentrations: lipopolysaccharide (LPS) from Escherichia Coli 026B6 (Sigma Chemical Co., St Louis, MO), 1 µg/ml; PPD (Institut Pasteur, Paris, France), 5 µg/ml; phytohaemagglutinin (PHA) (Wellcome, Beckenham, UK), 1 µg/ml. Where indicated, PBMC were simultaneously treated with 10 μ M indomethacin (Sigma). The periods of incubation and the concentrations chosen were based on the time-course of TNF-α release observed in preliminary experiments under each condition; a maximal TNF production occurred at 18 h in the absence of challenge or in the presence of LPS, and at 72 h in the presence of PPD or PHA. After incubation of the cells, cell-free supernatants were frozen at -70° C until analyzed for TNF- α and PGE₂.

Tumour necrosis factor assay

TNF- α released from PBMC was assessed by both TNF- α immunoradiometric assay and TNF- α bioassay. For the immunoradiometric assay, 25–100 μ l of cell culture medium were incubated overnight with ¹²⁵I-labelled anti-TNF- α monoclonal antibody in tubes coated with a monoclonal antibody directed against different epitopes of TNF- α (TNF- α - IRMA; Ire-Medgenix, Fleurus, Belgium). After washing, the remaining radioactivity bound to the tube was counted in a gamma counter. In additional experiments, the activity of TNF- α was also determined in the cell culture medium using a L-929 fibroblast lytic assay as previously described (Baud *et al.*, 1989). For neutralization studies, test samples were mixed with antihuman TNF- α (Genzyme, Boston, MA) used in excess of the concentration that should provide maximum inhibition. Samples were assayed in triplicate.

PGE, assay

Radioimmunoassay of PGE₂ was carried out in the culture medium of PBMC, at four increasing dilutions by using ³H-

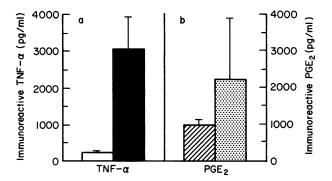


Fig. 1. (a) Production of TNF- α by untreated PBMC obtained from tuberculosis patients (\blacksquare) and healthy donors (\square); (b) production of PGE₂ by untreated PBMC obtained from tuberculosis patients (\blacksquare) and healthy donors (\blacksquare). Concentrations in supernatants from PBMC cultured for 18 h, expressed as mean+s.e.m.

PGE₂ from the Radiochemical Centre (Amersham, UK) and anti-PGE₂ antibody from Institut Pasteur. This antibody crossreacts only slightly with other PGs and could be considered as specific (Sraer *et al.*, 1979).

Statistical analysis

The data were analysed using Student's *t*-test for paired or unpaired values. Regression analysis was performed to estimate the relationship between two parameters.

RESULTS

Spontaneous release of TNF- α and PGE₂ by mononuclear cells from the tuberculosis and control groups

The proportion of monocytes in the PBMC population was similar in the tuberculosis group $(30.3 \pm 9.2\%)$ and in the control group (39·1 \pm 5·8%). Despite this, the TNF- α concentrations determined by IRMA in the cell-free supernatants of PBMC were much higher (14-fold) in the tuberculosis group (Fig. 1). This difference was statistically significant (P < 0.01). When the supernatants were tested in the TNF- α bioassay, a highly significant correlation (r=0.85; P<0.001) was found between the results obtained with this assay and those of the TNF-α-IRMA, at least for the TNF-α concentrations higher than the threshold of sensitivity of the TNF-α bioassay. We have also determined which concentrations of PGE2 were reached in the cell-free supernatants of PBMC, and to what extent PGE2 affected TNF-α release from PBMC (Renz et al., 1988; Spengler et al., 1989a, 1989b). A slightly higher (two-fold) concentration of PGE₂ was observed in the medium of PBMC of the tuberculosis group than in that of the control group (P=0.05)(Fig. 1). In the tuberculosis group there was a positive correlation between the levels of TNF-α and PGE₂ at least for the PGE₂ concentrations below 4000 pg/ml (r = 0.83; P < 0.001) (Fig. 2). For the two highest values, TNF- α production was almost completely suppressed. In the control group, no correlation was observed. To determine the potential regulatory effect of PGE₂ on TNF-α production, supplementary experiments were performed using indomethacin, a cyclo-oxygenase inhibitor. Figure 3 shows that indomethacin induced an increased release of TNF- α by PBMC of the control group (P < 0.02) but did not affect significantly that by PBMC of the tuberculosis group.

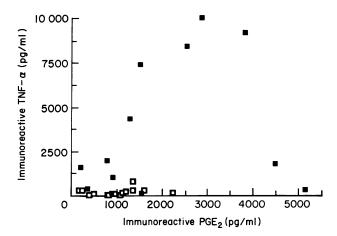


Fig. 2. Relationship between TNF- α and PGE₂ concentrations in the supernatants of PBMC obtained from tuberculosis patients (\blacksquare) and healthy donors (\square) and cultured for 18 h.

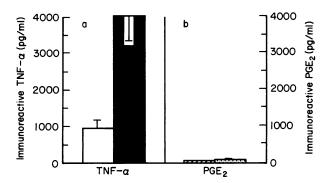


Fig. 3. (a) Production of TNF- α by indomethacin-treated PBMC obtained from tuberculosis patients (\blacksquare) and healthy donors (\square); (b) Production of PGE₂ by indomethacin-treated PBMC obtained from tuberculosis patients (\blacksquare) and normal donors (\blacksquare). Concentrations in supernatants from PBMC cultured for 18 h, expressed as mean \pm s.e.m.

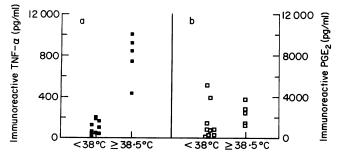


Fig. 4. Relationship between the incidence of fever and the production of TNF- α (\blacksquare) or PGE₂(\square) by untreated PBMC obtained from tuberculosis patients. Concentrations in supernatants from PBMC cultured for 18 h.

In the tuberculosis group, high levels of TNF- α in the cell-free supernatants of PBMC were significantly related to the severity of fever (Fig. 4) (P < 0.001) and of weight loss (data not shown), these two parameters being strongly associated. However, there was no correlation between TNF- α concentrations and blood cell counts, positivity of cultures for M. tuberculosis, presence of cavitation on chest radiographs, or extension of the disease. Similarly, there was no correlation between PGE₂ concentrations and either of these parameters.

Release of $TNF-\alpha$ and PGE_2 by mononuclear cells from the control group stimulated in vitro with PPD

It has not been established whether the altered capacity of PBMC from tuberculosis patients to release TNF- α and PGE₂ is caused by in vivo exposure of these cells to mycobacterial antigens. To answer this question, we sought to determine the in vitro effect of PPD on TNF-α and PGE₂ synthesis by PBMC from the control group. PBMC were exposed for 1-3 days to PPD (5 μ g/ml) and for comparison to LPS (1 μ g/ml) or PHA (1 µg/ml). PPD as well as the two other agents promoted an increased release of TNF-α and PGE₂ (Fig. 5). It was of particular note that PPD treatment enhanced more markedly PGE₂ release (30-fold) than TNF- α production (four-fold). Thus the concentrations of TNF were similar in the supernatants of untreated PBMC from tuberculosis patients (Fig. 1) and in those of control PBMC exposed in vitro to PPD (Fig. 5). In contrast, PGE₂ concentrations were much lower in the supernatants of untreated PBMC from tuberculosis patients (Fig. 1) than in those of control PBMC exposed in vitro to PPD (P < 0.001) (Fig. 5). This finding suggested that a part of the immune PBMC dysfunction in tuberculosis was related to a decreased capacity to release PGE₂ in response to mycobacterial antigens.

Release of $TNF-\alpha$ and PGE_2 by mononuclear cells from the tuberculosis group stimulated in vitro with PHA and PPD

To verify the decreased capacity of PBMC from tuberculosis patients to release PGE₂, we examined whether exposure of these cells to an *in vitro* challenge was associated with a low production of PGE₂. As shown in Fig. 6, the increase of PGE₂ concentration observed in the supernatant of PBMC upon exposure to PHA was weaker for the tuberculosis group than for the control group (5898 \pm 1579 pg/ml and 13 280 \pm 3450 pg/ml, respectively; P < 0.05). In contrast, the increase of TNF- α concentration was higher for the tuberculosis group than for the control group (14879 \pm 2495 pg/ml and 3113 \pm 582 pg/ml, respectively; P < 0.001). Similar results were obtained upon PBMC stimulation with PPD (data not shown). This indicated that PBMC from tuberculosis patients exhibited a constitutive failure of PGE₂ production when exposed to different *in vitro* challenges.

DISCUSSION

Our results demonstrate that PBMC from tuberculosis patients produce significantly more TNF- α than do cells from control subjects. This conclusion is based on analysis of *in vitro* TNF- α secretion using both a sensitive highly specific TNF- α -IRMA and a TNF- α bioassay. Only functionally active TNF- α was detected. Thus its synthesis by PBMC from tuberculosis patients may play a pathophysiologic role *in vivo*.

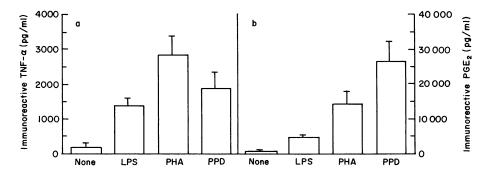


Fig. 5. Production of TNF- α (a) and PGE₂ (b) by PBMC obtained from healthy donors, in response to LPS, PHA, or PPD. Concentrations in supernatants from PBMC cultured for 18 h (LPS) or 72 h (PHA, PPD), expressed as mean + s.e.m.

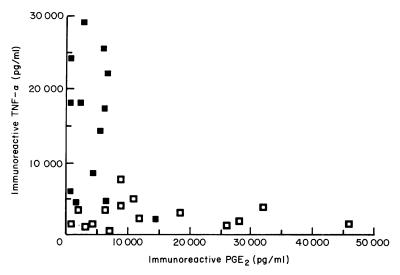


Fig. 6. Relationship between TNF- α and PGE₂ concentrations in the supernatants of PBMC obtained from tuberculosis patients (\blacksquare) and healthy donors (\square) exposed for 72 h to PHA.

In tuberculosis, an increased monocytopoiesis occurs resulting in the release of monocytes from the bone marrow (Edwards & Kirkpatrick, 1986). Nevertheless, in our study the proportion of monocytes in the PBMC fraction obtained by the centrifugation on Lymphopaque was not increased but rather decreased weakly in the tuberculosis group. Therefore, the augmented TNF- α secretion cannot be due to an increased proportion of monocytes in the peripheral blood but rather to the augmented TNF- α secretion per mononuclear cell, monocyte and/or lymphocyte (Cuturi *et al.*, 1987).

The observation that PBMC constitutively produce high amounts of TNF-α is not specific of pulmonary tuberculosis since similar results have been reported previously in the course of other infectious diseases characterized by fever and weight loss, such as HIV-1 (Wright et al., 1988; Roux-Lombard et al., 1989), or Yersinia infections (Repo et al., 1988). Consistent with this concept, the present results demonstrate that TNF-α production by PBMC was significantly related to the severity of fever and weight loss (Fig. 4). Nevertheless, the underlying mechanisms leading to the induction of fever in tuberculosis may also involve the production by PBMC of other cytokines such as interleukin-1 (IL-1), as previously reported by Chensue et al. (1986). In contrast, in pulmonary sarcoidosis, a disease also characterized by granuloma formation, the ability of

PBMC to release TNF is not altered (Spatafora *et al.*, 1989), suggesting that an increased capacity of PBMC to synthesize TNF does not characterize all granulomatous diseases.

Although PBMC of all the tuberculosis patients studied showed a detectable TNF- α synthesis, the amount of TNF- α secreted varied considerably among patients. The production of TNF- α was significantly correlated with that of PGE₂ (Fig. 2). The reason may be that the in vitro synthesis of both products depends on the extent to what T lymphocytes were primed and monocytes were pre-stimulated in vivo. Surprisingly, the particularly high concentration of PGE₂ observed in PBMC culture supernatants from two patients was associated with a low level of TNF- α . This finding is in line with the concept that, at high concentrations, PGE₂ down-modulates TNF-α mRNA expression and hence TNF-α synthesis through a rise of its second messenger, cAMP (Renz et al., 1988; Spengler et al., 1989a, 1989b). In this context, the inability of indomethacin to increase TNF- α synthesis by PBMC from tuberculosis patients could be explained by two mechanisms. First, the constitutive PGE₂ production by PBMC from the majority of tuberculosis patients was too low to affect TNF-α synthesis (Renz et al., 1988). Second, TNF-α mRNA expression and TNF-α synthesis probably started to occur in vivo; the subsequent in vitro treatment by indomethacin was too late to be effective since the ability of PGE₂ to regulate the production of TNF- α does not exceed 3 h post-challenge (Spengler *et al.*, 1989a, 1989b).

Whether this PBMC activation was caused by their in vivo exposure to M. tuberculosis antigens is speculative. The studies reported here at least confirm the capacity of PPD, as other M. tuberculosis antigens, to increase the mononuclear cell production of TNF- α (Rook et al., 1987; Valone et al., 1988; Moreno et al., 1989). Supplementary studies are needed, however, to determine whether mediator(s) involved in the immune response to tuberculosis antigens may participate in this PBMC activation.

Compared with the production of TNF- α , the synthesis of PGE₂ by PBMC from tuberculosis patients was weakly enhanced. This is surprising because the in vitro treatment of control PBMC by PPD was associated with a higher increase of PGE₂ than of TNF- α concentrations (Fig. 5). This observation indicates that, in tuberculosis, the capacity of PBMC to convert arachidonic acid into PGE2 is limited by still unidentified factor(s). Among these factors, glucocorticoids and interleukin-4 both of which suppress PGE₂ production by human monocytes (Hart et al., 1989a) could be adequate candidates. However, since they simultaneously reduce TNF- α synthesis (Waage & Bakke, 1988; Hart et al., 1989a), their role in this context is unlikely. Whatever its mechanisms, the limitation of PGE2 synthesis by PBMC may result in vivo in an enhanced cellular immune response through several ways. PGE₂ is indeed a potent inhibitor of several lymphocyte functions (mitogenesis, antibody and lymphokine production) (Goodwin & Webb, 1980; Stenson & Parker, 1980), which are involved in the immune response to tuberculosis infection (Edwards & Kirkpatrick, 1986).

Our conclusions are that the production of TNF- α by PBMC is increased in patients with pulmonary tuberculosis, particularly in those with a high degree of fever and weight loss; and that PBMC from tuberculosis patients exhibit high background PGE₂ and impaired PGE₂ response to stimuli *in vitro*, suggesting that PGE₂-mediated immunoregulation is abnormal in this disease.

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